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Eden Health Care Services Report to Churches 2018

Eden Health Care Services has hired a new CEO. Kym Kaufmann holds a Bachelor of Arts, Masters of Occupational Therapist, Certificate in Quality Management and Certificate in Public Sector Management from the University of Manitoba. Over the past ten years she has been working in mental health at Selkirk Mental Health Centre with her most recent position as Director of Operations. Since starting in September 2018, she has experienced incredible support and generosity from staff, board members, churches, conferences and community. Eden Health Care Services (EHCS) continues to provide a range of clinical services to individuals on their mental health journey.

This year Eden Health Care Services helped:

- Persons on the mental health journey move towards recovery
- Deliver a continuum of mental health recovery programs responsive to community needs
- Ensure satisfied, qualified staff equipped with effective tools and resources delivering creative evidence-informed practices in safe work environments.
- Create high quality, sustainable programs and welcoming environments
- Grow a range of clinical and community mental health programs including housing, employment and counseling services for all community members in Southern Manitoba and Winnipeg.

Specifically, Eden was able to help 82 individuals from youth to adults find employment through Segue, provided housing and supports for 200 individuals, provided 4442 counselling sessions, and helped 182 inpatients at Eden Mental Health Centre. Over the next year, Eden Health Care Services will remain committed to seeking direction from the church ownership groups and broader faith communities to help further advance this work and meet community needs.

Mental illness continues to be one of the most widely misunderstood and feared illnesses in society. The lingering stigma and myths associated with this illness often result in discrimination and, consequently, a reluctance to seek appropriate help. Mental illnesses are treatable and recovery is possible with individuals developing positive mental health and resiliency. It still takes a supportive and caring community of family and friends and colleagues. And the best mental health services are those closely tied to primary care and social care (Manitoba Schizophrenia Society, 2018).

Our Future

Partnerships continue to be one of the major factors that have allowed Eden Health Care Services to realize success and build strong, resilient and responsive communities. Strengthening partnerships with clients, families, churches, conferences, community partners and government will continue to be a consistent theme. EHCS will retain resources to provide a range of wrap around mental health services for individuals on their mental health journey. Throughout this process, there will be attention on adopting a broader focus on the social determinants of health and promoting recovery oriented programs and services. EHCS will also prioritize ensuring access to acute psychiatry services for individuals with mental health concerns in Southern Manitoba while ensuring safety and security.

Current Challenges

There is a health system transformation process underway and EHCS will need ensure active participation in this process. EHCS will continue to advocate for funding for security services to ensure access to acute psychiatry services for residents of Southern Manitoba. EHCS will also ensure continued success through partnerships service purchase agreements for affiliated health corporations.

The sincere hope is that we are able to continue to build capacity in our communities as we inform, challenge and engage individuals, churches, businesses and agencies in helping us advance effective mental health services. Ultimately, your support and belief in our mission strengthens our potential and helps make our achievements possible. On behalf of Eden Health Care Services, thank you for your continued support that allows us to find ways to express Christ's love, particularly to those of us struggling with mental health challenges.

Respectfully submitted by:

A handwritten signature in black ink, appearing to read "Kym Kaufmann".

Kym Kaufmann
CEO Eden Health Care Services