

THANK YOU

Eden Health Care Services would like to thank the many organizations, businesses, and individuals for all of the work and support they have provided to Eden over this last unprecedented year. Your guidance, prayers, and hard work have helped to provide needed mental health care support to many individuals, couples, and families in southern Manitoba.

Thank you to our **OWNERSHIP GROUP**:

- Mennonite Church Manitoba
- Mennonite Brethren Church of Manitoba
- Sommerfeld Churches of Manitoba
- Evangelical Mennonite Churches of Manitoba
- Evangelical Mennonite Mission Churches of Manitoba
- Christian Mennonite Conference
- Old Colony Church
- Reinland Mennonite Church

Thank you to our **CHURCH APPOINTED** and **COMMUNITY BOARD MEMBERS** for your time, wisdom, and support.

Thank you to our **PARTNERS/FUNDERS** and our individual and corporate **DONORS** who provide financial support through the Eden Foundation and their events including:

- Head for the Hills
- Tractor Trek
- Ride for Recovery of Hope
- Longest Night Run 2021
- Valley Fiber/Goldenwest Giving Campaign

And last but not least, a big thank you to our **DEDICATED STAFF** of professionals who have worked tirelessly through the pandemic. Your commitment and ability to adapt to our ever-changing world has not gone unnoticed.

OPPORTUNITIES

If you or someone you know has a passion for people and mental health care and is looking for ways to get involved with Eden, we have many opportunities to serve including:

VOLUNTEER

Eden volunteers play a vital role in our programs and services. As a volunteer, not only will you enrich the lives of others, but your life will also be enriched by helping individuals and learning more about mental illness.

Volunteer opportunities currently include:

- **Board Members** | Opportunities for new board members to help shape the future of mental health services in Manitoba
- **Event Assistance** | Provide on-site help throughout the year at fundraising events put on by the Eden Foundation
- **Eden Mental Health Centre Volunteers**
 - Community Friends
 - Entertainment/Presentations
 - Chapel Leaders & Accompanists
 - Volunteer Drivers
 - Therapy Dog Program
 - Community Choices Program
 - Various Support Roles

Visit [our website](#) or call 204-325-3253 for more information about Eden's volunteer opportunities.

EMPLOYMENT

Eden's group of mental health care services is currently looking for nurses, counsellors, social workers, employment facilitators, and psychiatrists. Visit [our website](#) or contact our Human Resources department to find out more about these employment opportunities.

FINANCIAL SUPPORT

To make best practice mental health services more accessible, please consider supporting the Eden Foundation. It provides critical support for the Recovery of Hope Sliding Fee Scale Program, housing suite renovations, volunteer services, employment support services, the development of the Steinbach and Winnipeg hubs, and more. For more information about the Eden Foundation or to make an online donation, [please visit our website](#).

CARE PROGRAM

Consider having your church join Recovery of Hope's CARE program. This program offers churches the opportunity to partner with Eden's counselling agency to help provide counselling services at a reduced rate to their church members. For more information about this program, please visit [our website](#).

2021 UPDATES

Now more than ever, the importance of mental health is recognized. The demand for health care support has increased and Eden Health Care Services continues to seek creative solutions to meet demands and service our communities.

Here are some 2021 program highlights from the Eden group of mental health programs:

EDEN HEALTH CARE SERVICES

Organization Overview: Located in Winkler, EHCS provides management and shared services for the Eden programs.

- The Eden programs provide a continuum of mental health services across southern Manitoba with a combined annual budget of \$14.5 million, 160 staff members, 30 board members, and over 200 volunteers.
- Eden completed a major development project in Steinbach in 2021 with the opening of the Eden East Mental Wellness Centre. Thanks to the generous support of the Eden Foundation, the Bethesda Foundation, and the Steinbach community, this new space was developed and creates a hub of integrated mental health services including employment, counselling, housing supports, community mental health, and the wellness library.
- In April 2021, CEO Kym Kaufmann announced that she would accept the Deputy Minister role in the new Mental Health Recovery and Wellness Ministry of the Manitoba Government. Ken Kroeker led Eden during the CEO search and, on December 1, 2021, Brad Unger was appointed as CEO. We are pleased at Kym Kaufmann's remarkable contributions to Eden and delighted that Ken Kroeker was able to serve as interim. We look forward to Brad Unger's leadership of Eden.

RECOVERY OF HOPE

Program Overview: Provides professional counselling services for individuals, couples, and families, in Winnipeg, Winkler, Steinbach, Altona, and Portage la Prairie.

- Last fiscal year was the busiest year on record for RoH with over 5,100 counselling sessions completed.
- Is currently on pace to conduct even more counselling sessions this fiscal year.
- Has provided most counselling therapy in virtual format throughout the pandemic.
- Partners with over 45 churches to offer the CARE Program for church members.

EDEN MENTAL HEALTH CENTRE

Program Overview: 25 bed inpatient mental health hospital in Winkler and outpatient psychiatric services throughout Southern Health-Santé Sud health region.

- Over 100 staff consisting of allied health, nurses, dietary, maintenance, psychiatry, and administration that support the acute inpatient unit.
- Over 600 psychiatric consultations in the adult program across the Southern Health-Santé Sud region.

PATHWAYS

Program Overview: Provides a range of community mental health and addiction supports and services.

- In partnership with Southern Health-Santé Sud and Addictions Foundation of Manitoba.
- Outreach, appointment (virtual, phone, or in person), or walk-in counselling.
- Referral based.

SEGUE CAREER OPTIONS

Program Overview: Employment services for un/underemployed participants in Winkler and Steinbach.

- Provides resume and interview training.
- Supports 200 participants each year in their journey towards meaningful employment.
- Provides vocational assessments to help participants pursue appropriate career direction.

EDEN FOUNDATION

Program Overview: Raises funds to support mental health programming (arms length from Eden Health Care Services)

- Through fundraisers, events, and donations, the Foundation helped to provide funds for:
 - Eden East Mental Wellness Centre in Steinbach
 - Visitor's Pod in Winkler
 - Recovery of Hope office expansion in Winnipeg
 - Positive Living Program at Wilson Courts in Steinbach
 - Enns Court Renovations in Winkler

HOUSING & SUPPORTS

Program Overview: Provides housing support for low-income individuals and families and those with mental health care needs in Steinbach, Winkler, and Winnipeg

- Manages 145 housing suites.
- Provides programming and supports to residents with mental health concerns.
- Operates an 8 bed 24/7 staffed transitional housing facility in Winkler.
- In partnership with Riverwood Church, provides housing support to the Riverwood House, an addiction recovery program in Winnipeg.

GROWTH



Left: Opening of Eden East Mental Wellness Centre in Steinbach in September 2021

Above: Renovations currently underway to expand Recovery of Hope office in Winnipeg.